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WOPEC (Wales Optometry Postgraduate Education Centre)
School of Optometry & Vision Sciences
Cardiff University

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Optima Dry Eye Award 2017

During 2017 we were delighted to receive sponsorship for an award for one of our PGT modules - Management of Tear Film Disorders ([OPT014](#)). With thanks to Module Leader, Heiko Pult, we were able to secure the sponsor, Optima Pharmazeutische GmbH for the Optima Dry Eye Award worth €1,000 to the person who performed the best in two coursework components.

Congratulations to Jane Gray who was the winner of the first Optima Dry Eye award. Here she is being presented her certificate by Co-Director of WOPEC, Barbara Ryan. Our thanks to Michael and Stefan Kroll (Optima) who kindly donated the award. We look forward to presenting the prize again next year.



Jane said that: 'The tear film module was one of the best modules I have studied. It was academically challenging, particularly the literary review on Meibography. However the case review really enabled me to consider the evidence base for my clinical assessment, thinking and management plan. To receive this award in recognition of work produced was a very pleasant surprise as I had an excellent group of fellow students who made the contact days a great learning environment and fun, supported by excellent tutors. I probably should spend some of the award on

my further studies, but feel I should treat my husband Clive who supports me and is understanding of the time spent studying. I would highly recommend this module and it has enhanced my clinical practice in the management of tear film disorders. Many thanks to Heiko, Teifi and Optima for their support and recognition. '

Jane graduated from Aston University in 1984 and then worked for a number of years in Devon, Dorset and Somerset before relocating to East Yorkshire in 1991, where she has worked within the multiple and independent sector.

Since 2003 Jane has taken an active role within the East Yorkshire LOC as the Clinical Governance lead, providing training for both professional and support staff and as Clinical assessor during GOS contract compliance, also as the Clinical and Performance Lead for the LOC Company. Jane is a trained coach and facilitator, providing the facilitator training for the College of Optometrists and LOCSU ILM Coaching qualification. She has continued her studying by completing the [PG Certificate in Eye Care Governance](#), [teaching module](#) and is now studying [Public Health](#). Following her success in the Management of Dry Eye module, she has started studying [Glaucoma Level 2](#).

Jane also works at Goole Hospital in the general clinics and has runs a practice in Anlaby. When she has any spare time Jane likes to practice yoga, meditate and listen to music